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WHYY'S Y12K ROAD RACE, Y KIDS CLUB FAMILY FIT ZONE OPPORTUNITIES FOR GREATER PHILADELPHIANS TO FOCUS ON FITNESS

PHILADELPHIA, Oct. 18, 2010 — Several hundred runners from Greater Philadelphia and beyond are expected to participate Saturday, Nov. 12, in WHYY's third annual Y12K Road Race. The 12-kilometer (7.45-mile), "out and back" USA Track and Field-certified course takes runners from the south side of the Philadelphia Museum of Art to Falls Bridge and back along Philadelphia's scenic, tree-lined Martin Luther King Jr. Drive.

In addition to the Y12K, attractions include the 3K Family Walk/Run, designed to encourage children and parents to exercise together, and the Y Kids Club Family Fit Zone, which will be located at the start-finish line and feature themed games, performances, kid-friendly yoga, crafts, giveaways and opportunities to meet Sesame Place characters Cookie Monster and The Count.

Registration can be completed at WHYY.org/y12k anytime and at WHYY, 150 N. Sixth St., Philadelphia, from 10 a.m. to 7 p.m. Nov. 10 and 11. All entry fees support WHYY's award-winning programming and community outreach. Race-day registration will begin at 7:30 a.m. Entry fees range in cost and are discounted for WHYY members, and admission to the 3K Family Walk/Run is free for children 13 and younger.

The Y Kids Family Fit Zone will open at 8 a.m. The Y12K will begin at 9 a.m., with the 3K race beginning at 9:05 a.m. The event ends at noon.

Awards will be given to the Y12K's top three male and top three female finishers. Prizes will also be awarded to the race's top finisher in each of multiple age groups.

The Y12K is sponsored in part by Kind Healthy Snacks, Liberty Sports Magazine, PNC Grow Up Great, REI and Sesame Place.

For more information, visit WHYY.org/y12k. Email questions to y12k@whyy.org or call (215) 351-0511.

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